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**Registering as a Carer**

Thank you for completing a Carers Registration Form. We will now add your details to our Practice Carers Register.

At some point in their life, many people will find that they are looking after a family member, partner or friend. Each day 6,000 people take on new caring responsibilities and at any one time one in ten people in the UK is a Carer. Caring can be very rewarding but it can also be isolating and exhausting – people who have been caring for a number of years say how important it is to maintain a life outside of caring. There are a wide range of services to support you as a Carer and we would like to put you in contact with the local Carers Support Project, based at Hereward Hall, March.

To enable the Project to post copies of the Cambridgeshire Carers Newsletter to you direct, plus any other relevant information or advice that would assist you in your role as a carer, we need to provide them with your contact details. Before we can do this, we need your permission to release your name, address and contact details to Julie Jeffries and her team.

To enable us to do this, please complete and return the tear-off strip below and post it to me at the above address. I hope that the above is of assistance. If you require any further information please do not hesitate to contact me.

Yours sincerely

**Simon Stitson**  
**Practice Manager**  
**Jenner Health Centre**  
**[simon.stitson@nhs.net](mailto:simon.stitson@nhs.net)**

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Please accept this signed form as my authority for you to release the information provided below to the Carers Support Project.

Your Name ..... I am the carer for .....

Your Address .....

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.....Post Code .....

Your Telephone Number .....

**CARERS AUTHORISATION FORM – PLEASE PASS TO SIMON STITSON, PRACTICE MANAGER**